

Arkansas Native Plants List for Supporting Monarchs and Pollinators

Scientific name	Common name	Bloom Period	Flower Color	Light Needs ¹	Water Needs ²	Height (ft.)	Benefits ³	Comments
<i>Aesculus pavia</i>	red buckeye	Spring to Early Summer	red	sun to shade	M	20-Jun	B, H	Small tree for rain gardens, but can also be drought tolerant
<i>Amorpha canescens</i>	leadplant	Summer to Fall	blue/purple	sun to light shade	L, M	2-3	B, Bu	Woody shrub
<i>Amsonia tabernaemontana</i>	Eastern bluestar	Spring	blue	sun to med. shade	M	2-3	B, Bu	
<i>Aristolochia tomentosa</i>	Dutchman's pipevine	Spring to Summer	yellow/green	part sun to shade	M, H		Bu	Host plant for pipevine swallowtail larvae
<i>Asclepias incarnata</i>	swamp milkweed	Spring to Summer	pink	sun	L, M	4-5	Bu, M	Native to NWA, can tolerate moisture
<i>Asclepias sullivantii</i>	prairie milkweed	Spring to Summer	rose/lavender	sun	M	2-3	B, Bu, M	
<i>Asclepias syriaca</i>	common milkweed	Early to Mid-Summer	lavender	sun to part shade	M	2-6	B, Bu, M	Vigorous spreader
<i>Asclepias tuberosa</i>	butterfly milkweed	Late Spring to Summer	orange	sun	L, M	1-2.5	B, Bu, M, H	Can bloom again in fall!
<i>Asclepias viridis</i>	antelopehorn milkweed	Spring to Summer	green/purple	sun	L, M	1-2	B, Bu	Spreads slowly
<i>Baptisia alba v. macrophylla</i>	white wild indigo	Summer	white	sun	M	2-3	B, Bu	
<i>Callirhoe involucrata</i>	wine cup	Early Spring to Summer	dark purple-red	sun	L	0.5-1.5	B, Bu	Drought tolerant once established
<i>Ceanothus americanus</i>	New Jersey tea	Spring to Summer	white	sun to light shade	L, M	3-4	B, Bu, H	Woody shrub
<i>Cephalanthus occidentalis</i>	buttonbush	Summer	white	sun to light shade	M, H	6-10	B, Bu, H	Woody shrub - good for rain gardens
<i>Cercis canadensis</i>	Eastern redbud	Spring	pink	sun to part shade	L, M	20-30	B, Bu	Small tree
<i>Conoclinium coelestinum</i>	blue mistflower	Summer to Fall	blue-purple	sun to part shade	M, H	1.5-2	B, Bu	Can spread vigorously
<i>Coreopsis lanceolata</i>	lanceleaf coreopsis	Spring to Summer	yellow	sun to part shade	L	2-3	B, Bu, M	May take 2 years to establish.
<i>Dalea purpurea</i>	purple prairie clover	Spring to Fall	lavender-purple	sun to part shade	L	1-3	B, Bu	
<i>Echinacea pallida</i>	pale purple coneflower	Summer	lavender	sun to part shade	L, M	2-3	B, Bu	
<i>Echinacea purpurea</i>	purple coneflower	Summer	purple	sun to part shade	L, M	2-5	B, Bu	
<i>Eryngium yuccifolium</i>	rattlesnake master	Summer	white	sun	M	2-5	B, Bu	Good pollinator plant
<i>Eupatorium perfoliatum</i>	Common boneset	Late Summer to Fall	white	sun	M, H	4-6	B, Bu	Important for fall migration
<i>Eutrochium purpureum</i>	Joe Pye Weed	Summer	pink-purple	sun to part shade	M, H	3-7	B, Bu	Good for rain gardens.
<i>Glandularia canadensis</i>	rose vervain	Spring to Summer	pink	sun	L	0.5-1.5	B, Bu	Poor and well-drained soil needed
<i>Helianthus angustifolius</i>	narrowleaf sunflower	Fall	yellow	sun	M	1	B, Bu	
<i>Helianthus divaricatus</i>	woodland sunflower	Summer	yellow	part shade to shade	L, M	2-6	B, Bu	may form colony
<i>Liatris aspera</i>	tall blazing star	Summer to Fall	purple	sun	L, M	2-3	B, Bu, H	Excellent nectar plant for butterflies!



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<i>Liatris pycnostachya</i>	prairie blazing star	Summer	purple	sun	L, M	2-4	B, Bu, H	Excellent nectar plant for butterflies!
<i>Lindera benzoin</i>	spice bush	Spring	yellow	shade	M, H	6-14	B, Bu	Host plant for spice bush swallowtail larvae! (small tree)
<i>Monarda bradburiana</i>	Eastern beebalm	Spring	pink/purple/white	sun to shade	L, M	1-2	B, Bu, H	may form a colony
<i>Monarda fistulosa</i>	wild bergamot	Spring	pink/purple	sun to light shade	M	2-4	B, Bu, H	Great plant for pollinators!
<i>Penstemon digitalis</i>	foxglove beardtongue	Summer	white	sun to light shade	M, H	2-4	B, Bu, M, H	Great plant for moths!
<i>Phlox divaricata</i>	woodland phlox	Spring	purple	sun to shade	M	1-3	Bu, H	Great nectar source for butterflies!
<i>Phlox paniculata</i>	garden phlox	Summer to Fall	pink/purple/ white	sun to shade	M, H	2-4	B, Bu, H	Great nectar source for butterflies!
<i>Pycnanthemum tenuifolium</i>	slender mountain mint	summer	white	sun	L, M	1-1.5	B, Bu	Excellent nectar plant for butterflies!
<i>Pycnanthemum muticum</i>	clustered mountain mint	Summer to Fall	white	sun to part shade	L, M	1-3	B, Bu	Excellent nectar plant for butterflies!
<i>Rudbeckia hirta</i>	Black-eyed Susan	Summer	yellow	sun	M	1-2.5	B, Bu	Annual or short-lived perennial
<i>Rudbeckia fulgida</i>	Black-eyed Susan	Summer	yellow	sun	L, M	2-3	B, Bu	
<i>Salvia azurea</i>	azure blue sage	Summer to Fall	blue	sun to light shade	L, M	3-5	B, Bu	
<i>Solidago caesia</i>	wreath goldenrod	Fall	yellow	sun to part shade	L	1.5-3	B, Bu	Goldenrod which tolerates some shade
<i>Solidago nemoralis</i>	gray goldenrod	Summer	yellow	sun to light shade	L, M	1.5-2	B, Bu	Thrives in poor, dry soils in sunny locations
<i>Solidago petiolaris</i>	downy ragged goldenrod	Summer to Fall	yellow	part sun	L, M	1-4	B, Bu, M	Nectar source for monarch butterflies
<i>Symphotrichum novae-angliae</i>	New England aster	Fall	purple	sun	M	3-6	Bu	Great for migrating monarchs!
<i>Symphotrichum oblongifolium</i>	aromatic aster	Fall	purple	sun	L, M	1-3	Bu	
<i>Vernonia arkansana</i>	curlytop ironweed	Summer	purple	sun to light shade	M, H	3-4	B, Bu	
<i>Vernonia baldwinii</i>	Baldwin's ironweed	Summer	purple	sun	L, M	3-5	B, Bu	
<i>Veronicastrum virginicum</i>	Culver's root	Spring to Summer	white/blue	sun to light shade	M, H	4-7	Bu	
<i>Zizia aurea</i>	golden alexanders	spring	gold	sun to light shade	L, M	1-2.5	B, Bu	Host plant for black swallowtail larvae

¹Light Needs:

- Sun:** An area that receives at least six hours of more of direct, mid-day sun, includes the south or west side of buildings and trees.
- Light to medium/part shade:** Includes areas with dappled sunlight and bright areas underneath trees; i.e., open sky not directly overhead.
- Sun to light shade:** Includes area conditions listed for sun plus the east and north sides of buildings and trees where plants have considerable open sky overhead.
- Shade:** Dappled to dense shade; areas that receive morning and evening sun in summer; areas on north sides of buildings and underneath trees.

²Water Needs:

High (H), Medium (M), Low (L)

³Benefits:

Bees (B), Butterflies (Bu), Moths (M), Hummingbirds (H)

